

## FINISH IN FOUR DEGREE PLAN, BA Psychology

### Concentration in Health & Sport Psychology

(Starting in Even Fall) [PLE 3]

*Note: This plan represents one path to completion of this degree in four years. For specific course offerings for each semester, view "Search for Sections" online in Web Services on the JSC Portal. Also, be sure to consult regularly over time with your advisor to explore your best options and opportunities.*

#### FRESHMAN YEAR

FALL 2016			CREDITS	SPRING 2017			CREDITS
PSY 1010	Intro to Psychology (GEC – Social & Hist)	3		PSY 2070 or PSY 2040	Developmental Psychology or Social Psychology	3	
PSY 1035	The Psychology Major	1		ENG 1072	Exposition & Analysis	3	
ENG 1071	College Writing	3		GEC	Global Perspective	3	
GEC	First Year Seminar	3		Any Level	Elective	3	
GEC	Aesthetic Perspective	3		MAT 1080	Quantitative Reasoning (GEC)	3	
Any Level	Elective	3		INT 1001	Creative Audience	.5	
INT 1001	Creative Audience	.5		ENG 3999	Writing Proficiency Exam	0	
GRS 3000	TILT	0					
Total Credits		<b>16.5</b>		Total Credits		<b>15.5</b>	

#### SOPHOMORE YEAR

FALL 2017			CREDITS	SPRING 2018			CREDITS
PSY 2070 or PSY 2040	Developmental Psychology or Social Psychology	3		PSY 3065	Abnormal Behavior	3	
MAT 2030	Probability & Statistics	3		GEC	Natural Science	4	
GEC	Aesthetic Perspective	3		Any Level	Elective	3	
PSY 2410	Research Methods (QE course)	3		GEC	Global Perspective	3	
Any Level	HSP Concentration Elective	3-4		Any Level	Elective	3	
GRS	<i>Complete Oral Communication Standard</i> ★	0					
Total Credits		<b>15-16</b>		Total Credits		<b>16</b>	

#### JUNIOR YEAR

FALL 2018			CREDITS	SPRING 2019			CREDITS
PSY 3010	Theories of Personality	3		3000/4000	PSY Elective	3	
3000/4000	PSY Elective	3		GEC	Social & Historical Perspective	3	
PSY 4010	Biological Psychology	3		AHS 4025	Health Behavior: Change & Adherence	3	
Any Level	Elective	3		PSY 3125	Evolution of Psychology	3	
3000/4000	PSY Elective	3		AHS 4110	Psychophysiology of Stress	3	
GRS	<i>Complete Oral Communication Standard</i> ★	0					
Total Credits		<b>15</b>		Total Credits		<b>15</b>	

#### SENIOR YEAR

FALL 2019			CREDITS	SPRING 2020			CREDITS
Any Level	Elective	3		PSY 4810*	Internship (GEC – Civic Perspective)	3	
3000	HSP Concentration Elective	3-4		PSY 4770*	Senior Seminar	1	
3000/4000	PSY Elective	3		3000/4000	PSY Elective	3	
Any Level	Elective	2		AHS 4030	Psychology of Sports & Exercise	3	
Any Level	Elective	3		Any Level	Elective	3	
Total Credits		<b>14-15</b>		Total Credits		<b>13</b>	

**CREDIT TOTAL      120-122**

★ These can be completed in any semester. Be sure to complete two before graduating.

\*PSY internships must be arranged the semester prior to which they are to occur and must be included in the plan of study. The required internship must be taken concurrently with PSY 4770, Senior Seminar. Students in this concentration must complete their internship in an area/setting relevant to health and sport psychology.

**GRS = Graduation Standard**  
**GEC = General Education Class**  
**QE = Quantitatively Enriched**

For a complete list of all requirements for this major, visit JSC's online catalog at <http://catalog.jsc.edu>. Then select ACADEMIC PROGRAMS in the left sidebar and choose this major from the list given.