

What Career Services Has to Offer

Welcome to new students and welcome back to returning students. Whether you're a first-time student or a senior getting ready to graduate, Career Services can help you achieve your goals and assist you in:

- Selecting a major
- Changing a major
- Connecting a major to a career path
- Graduate school
- Career exploration
- Job search
- Resume writing
- Interview skills
- Professional etiquette

Career Services does this through weekly workshops, individual counseling, easy online assessments that determine your interests, strengths, work values, personality

type, and job outlook. Career Services also sponsors a career fair early in the spring where students can connect with employers for internships, summer or full-time employment. Some of our resources can be accessed through JSC's website under the Advising and Career Center area.

We are located in the Dewey Campus Center and are open M-F 8:00 to 4:30. Stop in or call 635-1257 to set up an appointment to start your way on the road to success by taking advantage of everything that JSC has to offer all students.



Tips for Success

- Visit the Career Center
- Take a self-assessment
- Discover who you are
- Explore majors
- Attend workshops
- Meet with your advisor
- Join a school organization
- Volunteer on/off campus
- Attend classes and keep up with assignments
- Begin building a resume
- Attend career fairs
- Look into internships
- Explore careers
- Develop a plan
- Find and follow your passion!

Some Great Websites for Exploration

<http://jobweb.com/>
<http://www.vtcareergateway.org/about/index.php>
<http://labor.vermont.gov/>
<http://www.quintcareers.com/index.html>
<http://services.vsac.org/ilwvc/cm/connect/VSAC>

Choosing a Major

Your ultimate major may or may not be related to your future career/s. Most majors don't lead directly to a specific job, unless there is a license or certificate required. According to the U.S. Bureau of Labor, the average person changes careers (not jobs) two or three times in their lifetime. If you ask around, you'll find that many people are in careers unrelated to their undergraduate major. Many transferable skills that employers are looking for are developed in the course of a college education such as critical thinking, interpersonal skills, computer skills, self-confidence, motivation, organization skills, leadership skills, strong work ethic, and integrity.

What is important?

Choose a major in what you love and find interesting. Students who choose a major that they really love and enjoy are more likely to graduate, and are also more likely to be more successful. Avoid choosing a major based on what others think you should do.

How do I explore different majors?

- Look through the school catalog
- Visit the Career Center—they have lots of resources available to help
- Talk with your advisor
- Talk to faculty about specific majors
- Talk to students in majors that interest you
- Sample a class in the major
- Shadow or intern in a related field

So remember this...

Don't freak out!—Know that you're not alone and are expected to do some exploration before you choose.

Get out there!—Do things. Read, explore, sample careers/ majors that interest you.

Be content!—Your major does not have to determine the entire course of your future work life. College is just the beginning.